



Fork & Spoon Mains

Fork & Spoon Pie of the Day 13.00

With a Rich Pan Gravy

Char Grilled Polenta 12.50

*Roasted Fennel, Smoked Garlic, Beet
Chutney & Ketchup*

Lincolnshire Sausage 12.95

Mash, Beer Braised Onion Gravy

FASClub 10.00

*Roasted Chicken Breast with Bacon, Tomato,
Baby Gem Lettuce, Sliced Red Onion &
Mayonnaise*

Croque Monsieur 9.00

*Baked Ham & Cheese Sandwich with
Béchamel Sauce*

Char Grilled Steak Ciabatta 10.00

Rocket, Cracked Pepper and Mayonnaise

BLT Ciabatta 9.00

Watercress

From the Sea

Fried Haddock 13.95

*Hand Cut Chips and a Choice of Mushy or
Garden Peas with Charred Lemon*

Fillet of Seabass 16.00

Potato Terrine, Kale & Shellfish Bisque

From the Grill

Gammon Steak 13.00

Fried Hen's Egg, Pineapple Chutney

8oz Rump Steak 21.00

Confit Tomato, Roasted Mushroom

FAS Burger 13.50

*Vintage Cheddar, Smoked Pancetta, Tomato
Relish, Baby Gem, Pickle & Fresh Tomato,
Red Onion Slaw*

Chicken Parmigiana Burger 13.50

*Smoked Mozzarella, Rocket, Tomato Relish,
Baby Gem, Pickle & Fresh Tomato, Red Onion
Slaw*

All Grills are served with Rosemary Salted Hand
Cut Chips

Add a Sauce 2.50

Peppercorn

Diane

Stilton

Garlic Butter

Food Allergens and Intolerances;
for information about specific allergies or
intolerances please ask a member of the serving staff



Sandwiches 6.50

Tossed Salad

Choice of White or Brown Malted Bloomer

Add Hand Cut Chips or Soup for £1.50

Fillings:

Lincolnshire Gammon, Mature Cheddar &
Chutney

Smoked Salmon, Cream Cheese & Cucumber

Tuna Mayonnaise

Egg Mayonnaise & Watercress

Side Orders 2.80

Hand Cut Chips, Maldon Salt Flakes

Sweet Potato Fries

Pomme Frites

House Dressed Salad

Seasonal Vegetables

Beer Battered Onion Rings

Macaroni Cheese

Garlic Ciabatta, Garlic Aioli

Light Bites / Starters

Fork & Spoon Soup 5.95

With Homemade Crusty Bread

Chicken Liver Parfait 6.50

Beer Braised Onions, Toasted Crumpets

Lobster & Poacher "Mac n Cheese" 7.00

Pancetta Crumb

Ham Hock Terrine 6.50

Squash puree, Parmesan Crisp & Pesto Bread

Twice Baked Vintage Cheddar Soufflé 6.50

Caramelised Onion & Grape Compote

Salads

Fork & Spoon Caesar Salad 10.00

Add Chargrilled Chicken 11.00

Add Hot Smoked Salmon 12.00

Hot Smoked Salmon Salad 12.00

New Potatoes & Capers

Goats Cheese & Beetroot Salad 12.00

Toasted Seeds and Peanuts

Seafood Salad 12.00

Coriander, Mango & BBQ Cucumber